







## FACT Oregon Regional Learning Summit Session Descriptions

### 1:30 - 2:45 #3 Breakout Session

#### 1) Charting your Course with a One-Page Profile!

Creating an individualized strength-based tool for your child – A one-page profile is a great way to introduce your child at school and in their community!

#### 2) Behaviors and the Individualized Education Program (IEP)

Learn how to address behavior in the IEP, assessments and support plans, discipline and more!

#### 3) ¡Comportamiento Negativo en la Escuela (sesión en español)

Apoyo, Estrategias y Éxito! Aprenda cómo abordar el comportamiento en el IEP, las evaluaciones y planes de apoyo, la disciplina y más!

#### 4) Learning about the Oregon ABLE Savings Plan

The Oregon ABLE Savings Plan is an empowerment tool specifically designed to make it easy for people with disabilities to save money and helps families save for the future without being

### 3:00 - 4:00 #4 Resilience and the Brain's Hidden Response to Stress

The brain's response to stressful environments has powerful impact on learning. We typically focus on stopping behavior. In this workshop, we will look at the brain's hidden response to stress and provide practical supports.

#### Shauna Signorini Bio:

Shauna is the parent of two young women, one of whom experiences disability. She knows firsthand how important it is for young people to have the right supports. Besides resilience training, she provides peer support for families all around Oregon. She is a national speaker on mental health and self-care. She enjoys time with her family on Mt. Hood and being in the water.

