

## What Doesn't Work for Me:

- When you give into me and do things for me or “over help” me.
- Ignoring me when I am trying to communicate.
- To much time on my hands.
- When my room gets messy and I can't find things.
- When I am in a very busy environment for a long time.
- When I don't have anything to do to keep me busy.
- When you act like I don't understand.
- I don't like to be rushed and unorganized.
- I don't like messy or sticky food on my face or hands.
- I don't do well when it is hot out and I am wearing clothes that are too warm.



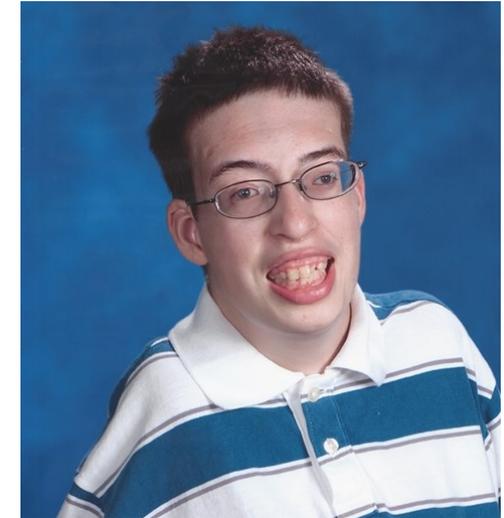
**Feel free to contact us  
anytime!**

**Home 888.888.8888**

**Mom 888.888.8888**

**Dad 888.888.8888**

**[email@emailaddress.com](mailto:email@emailaddress.com)**



## **Christian Cavarno**

I am 18 yrs. old and a Senior in high school!  
I live with my Dad, Mom, brother, sister, and my two pets: Jake (cat) and Megatron, our Lhaso Apso.

## My Strengths and Skills

- I love chatting with people. I am not shy when meeting new people.
- I am an enthusiastic learner.
- I am great at shooting basketball hoops.
- I am determined and persistent.
- I have a great sense of humor.
- I am empathetic.
- I am proud of my accomplishments.
- When I learn a skill, I remember it.
- I push through things that are difficult for me.

## My Hopes, Dreams, and Expectations

- I want to live a happy, purposeful life.
- I want to graduate high school with an Extended Diploma with my class in 2014.
- I want to be a part of my community.
- I want to become more independent.
- I want to get a job that means something to me.
- I want to navigate my local community on the bus.



## What Works for Me

- Give me time to process instructions and directions.
- I am an auditory learner.
- I have a great sense of humor.
- Encourage me to use sentences.
- I am a good sleeper. I use lots of energy and so I need plenty of rest.
- I like to spend time doing outdoor activities.
- I like keeping busy.
- I like to know what is going on and what my schedule is.
- Please give me time to transition between activities, and talk to me about what is going to happen next.
- I like my routines and get stressed when they change or don't happen.



## Things I Love

- I love my friends and family; they are important to me.
- I love school because I am very social.
- I love the Oregon Ducks.
- I love the "Blazers" basketball team.
- I love to play basketball and soccer! I also like to ride my bike.
- I am an avid gamer! I love my iPad and my iPhone.

