

Adam will be comfortable, confident, and engaged at school and have opportunities to develop his gifts and gain more tools to self-regulate.



## About Adam

- I have a great *imagination*
- I Use signs, movements and single words
- I like to know what to expect
- I like to do things for myself

**"All behavior is communication.  
A need met is a problem solved."  
- LR Knost**

## What a good day looks like

- Everyone knows and follows my Behavior Support Plan
- Fidgets to focus energy
- Noise-reducing headphones
- Transitions are planned and communicated

## What makes my day hard

- Being off routine
- Unclear directions
- Sudden or unexpected transitions
- Being restrained or isolated